

Zentangle® Embellished Creatures

Supply list (1 page)

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In this class, you will explore drawing with pen & ink on fabric. Zentangles® are a method of doodling aimed at those who never learned to doodle in their youth, these stream of consciousness designs are very liberating. The subject for the doodle designs will be a fused dragon (or a bird) that you will fill with a texture of designs in the Zentangle® approach. You do not need to be a skilled artist to do this. After the designs have been transferred to the fabric by Pigma Micron pen, they can be enhanced with gel pens, fabric crayons, or embellished with stitchery if you wish.



Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

TOOLS/MATERIALS:

- **Fabrics:** Assorted pieces of fabric in 3-4 colors light enough in color to show black pen lines. They should be finely woven with a smooth (not rough or nubby) surface texture; batiks would be perfect. Solids are best but a very subtle pattern or texture that reads as a solid will be fine; you don't want any fabric print to compete with your doodles. You will also need a Fat Quarter of background fabric that contrasts well with the other fabrics.
- **Fusible Web:** Bring your favorite brand, preferably with just one side of release paper.
- **A Teflon® pressing/applique sheet:** At least 9" x 12" in size
- **Black Pigma Micron pens:** Assorted sizes would be best but bring at least two sizes – 01 (or 02) and 08.
- **Ultra-fine point black Sharpie™ brand pen (optional):** You will need this in addition to the Pigma pens if you want to. Though you can use a Pigma pen on the freezer paper, you cannot use the Sharpie pen on the fabric.
- **Freezer Paper:**
- **a foot off of a roll should suffice. Drawing pencil and a good eraser:** You will need to draw your preliminary design with a pencil so you can erase and correct if necessary before inking it. Bring one of those rectangular white erasers as they work best on fabric.
- **Drafting or Post-it® tape (optional):** you may wish to tape your freezer paper master over a book page if you are creating your own master design; drafting or Post-it® tape will allow you to do so without damaging the book pages.
- **Design source material:** I will bring a master pattern for the dragon and a bird but you can bring your own design ideas if you wish.
- **A light box (optional):** If you are not comfortable just drawing directly on the fabric, you can create a design on paper first and then trace it onto the fabric with a light table