

Pant Fit and Construction Class

Class Summary:

This Pant Fit and Construction class consists of four 3-hour sessions with instructor Lyn Davis. Commercial patterns are generally made for one body shape. People come in all shape and sizes, and commercial patterns rarely fit just the way they are. Students will use a commercial pant pattern of their choosing to custom fit to their individual body. Students will compare body measurements to their pattern, adjust the pattern according to their measurements, prepare a “muslin” to assess the fit and make additional adjustments to patterns if necessary. Once the fit is accurate, students will construct pants using their custom fitted pattern and will have a well-fitted pattern that can be used again and again.

Prerequisites:

This is an intermediate level class. Students should have basic sewing skills and knowledge: successfully completed several garment sewing projects using commercial sewing patterns; be comfortable using their sewing machine including threading, bobbin winding, adjusting stitch length, and tension.

Project Supplies:

- Purchased pant pattern. A Pattern with pockets, waistband, and zipper is recommended to maximize learning.
- 2.5 yards of 45” wide muslin.
- Woven fabric and notions as indicated on the selected pattern (avoid obvious plaids and patterns that require matching for this project).

Sewing Tools:

- Sewing machine with manual and attachments
- Sewing/Fabric shears
- Seam ripper
- Pressing cloth
- Tape measure
- Pins in pin cushion or holder
- Chalk or temporary fabric pen or pencil
- Pencil or pen and paper for taking notes

To Be Prepared Before Class:

- Please email me the pattern number and maker as soon as you select it so I can verify that it is appropriate for this class instruction.
- If you plan to trace your pattern to keep the original pattern intact, please do that prior to the first class.

- Pre-wash and iron fabric so it is ready for use on the first day of class. To iron fabric ready for use, fold fabric lengthwise with selvages together and right side of fabric on the outside. Press from selvages to fold on one side. When you have finished pressing one side of the fabric, turn it over and press the other side from selvages to fold.
- There may be homework between classes to move your project to the next step. Please complete homework on your own before class.

Instructor:

Lyn Davis studied The Bishop Method Clothing Construction, Fashion Design and Pattern Making, Shirt Tailoring, Suit Tailoring, Couture Methods, and Color Theory in high school. She has a Bachelor of Arts degree in English and Secondary Education and taught English in middle and high schools in Colorado. She began sewing professionally at age fifteen and has continued to develop her sewing and tailoring skills her entire adult life.

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