

# Reversible Machine Applique

## Supply list (1 page)

Instructor: Helene Knott 503-888-9784 Email: [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com)

Website: [www.heleneknott.com](http://www.heleneknott.com)

This is a simple yet fun and rewarding method of creating double-sided machine appliqué. You will make a two-sided reversible mini quilt in one process. For a first-time project, aim for a small quilt; you can apply what you learn to a larger future project, but starting with a small quilt will allow you to learn the method and make real progress in the class. I will have a handout for tide pool-themed designs with some starfish, seaweed, and shell shapes, but you can choose your own motifs if you wish – keep them simple, cookie-cutter-type shapes for the best results.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

**Thank you, Helene**

## TOOLS & SUPPLIES:

- **Fabric:** you need two pieces no smaller than 10" x 12" or larger than 12" x 18" or so. These will be your backgrounds and one will be the front and the other will be the reverse 'front' so they should both be some nice all-over print or texture in an appropriate theme. For the most interesting results they should be different from each other. You will also need a variety of fabrics for your appliqué motifs, Fabrics that contrast nicely with the 'backgrounds'. Bring several choices that will look nice together (keep the color and texture of starfish, seashells, and seaweed in mind if that's what you want to do) and bear in mind some of the design elements may overlap so you will need some contrast between those fabrics as well. I will also have some botanical motifs as an alternate choice, if you want to use those, choose fabrics appropriate for leaves and flowers.
- **A piece of thin even batting:** about the same size as the fabrics (you can spray baste these three together if you wish before coming to class).
- **Freezer Paper**
- **Pencil and good eraser:** if you plan to design your own templates.
- **Scissors:** both utility scissors for cutting the freezer paper and fine bladed embroidery scissors for trimming the appliqué.
- **Sewing pins**
- **Thread:** in colors that match your appliqué fabric choices as well as contrasting threads for the detail stitching and quilting, decorative threads can be nice here.
- **Sewing machine:** with a free motion foot (you can do this with a standard presser foot though it will take longer and you need to be meticulous). You will also need a foot suitable for doing zig zag stitching.
- **Embellishment supplies:** Seed beads and beading thread, sequins, textile paints (Lumiere by Jacquard are great for this), hand embroidery floss... and any tools (needles, paint brushes, etc.) needed to apply them.



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- **Hanger (optional):** Because of the reversible nature of these quilts, they are particularly well suited to hang from a piece of driftwood or a stick or bamboo rod. I will have some black bamboo sticks to share with students.
- **Design ideas:** I will supply a handout with starfish, shells and seaweed design templates. You are welcome to bring your own ideas/designs. Keep the shapes simple with the overall size of a mini quilt in mind, your motifs should be small enough to fit on a standard page of paper. Ideas? – fish, stars, hearts, leaves, simple flower shapes, stylized birds, or???