

REVERSE HAND APPLIQUE LEAVES

Supply list (revised 5/9/24)

Instructor: Helene Knott 503-888-9784 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

In this class you will learn reverse appliqué techniques in your choice of hand or fused applique to create an array of lacy leaf designs. There are several different leaf patterns to choose from, students will receive a packet of assorted designs in the class. You can choose to make assorted blocks to assemble into a quilt or arrange them as desired on a single background panel.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

TOOLS/MATERIALS:

- **Fabrics:** You will need a background fabric and one or more colors that contrast with the background for the leaves. One fat quarter of the background will yield two 10" blocks and a fat quarter of the leaf fabric will be enough for several leaves. Alternatively, you could make a table runner or scroll style wall hanging from 1/3 yard of background fabric on which you can appliqué an arrangement of leaves. For best result, make sure there is enough contrast between your background and leaf fabric so that your leaves don't 'disappear'. Select leaf fabric with care, busy or large-scale prints will not be suitable, as they will cause your leaves to lose definition.

FOR FUSED APPLIQUE:

- **Fusible web:** Choose one designated as 'Lite' for the softest results. Preferably one formulated on release paper such as Steam a Seam 2 Lite, or OESD Soft Web.
- **Embroidery Stabilizer:** Medium weight tear away stabilizer is a good choice, or a heavier weight fusible interfacing.
- **Pencil and a good eraser**
- **Rotary cutter, ruler and mat:** To cut out the background blocks or panel.
- **Sewing machine:** With a Zig Zag or programmed embroidery stitching capability, and a zig zag presser foot; an open toed foot gives you the best results.
- **Thread:** You can use cotton, Rayon or Polyester thread as desired. Rayon or Polyester embroidery threads are a nice choice if you want a bit of sheen. Color can match your leaf fabric or contrast if you prefer.
- **Scissors:** A pair of craft type scissors with very sharp points will work the best for this project.



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FOR HAND APPLIQUE:

- **Hand appliqué needles:** I recommend milliners' or straw needles in a size 11 but milliners or sharps from size 9 – 11 will work as well.
- **Thread:** 100% silk thread in a color to match your leaf fabric is recommended but 100% cotton in a size 50, 60, or 80, will work as well. Do not use polyester or rayon!
- **Marking pencils:** Mechanical pencil for light fabrics and white or yellow quilters' pencils for dark.
- **Pins:** Appliqué or other fine thin pins. Clover appliqué pins are best but any pins 1" long or shorter will do.
- **Seam ripper:** Absolutely necessary to start the interior cuts.
- **Embroidery or 'craft' scissors:** Bring a pair with fine sharp jaws. A larger pair of shears will not be precise enough to cut the fine details.
- **Rotary cutter, ruler and mat:** To cut out the background blocks or panel.
- **Portable light box:** To trace the patterns onto fabric. I will bring a couple but if you have your own you won't have to wait on a turn to use them.
- **Freezer paper:** Bring at least a couple of feet. The Reynolds brand available at most supermarkets works the best.
- **Paper scissors:** To cut freezer paper.
- **'Sharpie' brand black pen:** The fine-point not the ultra-fine works best.

