## The Quilted Word

Supply list (2 pages) Instructor: Helene Knott 503-631-8806 Email: <u>helene.m.knott@gmail.com</u> Website: <u>www.heleneknott.com</u>

Densely quilted textures surround outlined words and make them pop into graphic relief to create Quilted Words. This design approach is a marvelous way to enhance negative space on any quilt, or to become the focal point on an artistic textile work in itself. For this class, you will choose a quote, a short poem, a monogram or just a few inspirational words. These words will be rendered in stitching onto a panel that you create in any size you wish. You may embellish the panel with suitable motifs fussy-cut from various novelty prints if you wish. If you have a machine capable of fancy embroidery, you might opt to select some lovely motifs from that source to grace your quote or poem. It is recommended that you have a basic familiarity with free-motion quilting for the best results in this class.

# Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or <u>helene.m.knott@gmail.com</u> if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop. Thank you, Helene

### **TOOLS/MATERIALS:**

- Sewing machine: With the appropriate accessories a free-motion presser foot, extra bobbins, and any other accessories you need for quilting.
- Layered Fabric 'Sandwich': This will be your top panel, layered with batting and backing, pinned or spray basted, and ready to quilt on. For best results, the top fabric should be somewhat plain and read as a solid the better to see your quilted words. Avoid busy or bold prints that would compete with the words. If desired, you may have a pieced or appliqued border framing your panel.
- Novelty Fabric prints: These should feature any bold motifs you would like to cut out to embellish your panel. The subject can be anything you wish relating to your words or purely decorative if you prefer. These motifs will be fussy-cut and fused (then stitched) in place after you have done the preliminary stitching on your words. brand
- **Fusible Web:** Choose your favorite brand. The exact amount will depend on the size and quantity of motifs you wish to fuse but it's always better to have left over rather than not enough. I advise choosing one designated as 'lite' to prevent the work from being too stiff.
- Craft Scissors: With good sharp blades for precise cutting.
- **Thread:** In appropriate colors. The thread can be cotton, rayon, or Isacord/poly-sheen; in a variety of colors. For effect, choose colors that contrast with your fabric, preferably in several different colors,. Densely quilted background textures in a color that contrasts at least somewhat from the fabric can create a beautiful, subtle shaded color effect.
- A 'Doodle' cloth sandwich: This is a second layered and pinned panel topped with the same fabric as your project panel. This will allow you to try out thread colors and textures and see if you like them before applying them to your project.
- Sewing machine needles: It's always a good idea to have several types and sizes of needles to experiment with. I recommend Machine Quilting, Top-stitching, and Micro-tex (Sharps) in sizes ranging from 12-14.

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- Quilter's Tracing paper: A roll of the 'Golden Threads' ® brand of quilting paper is the best choice but a thin, crisp artist's grade tracing paper will work as well. For the artist's paper, you will need several sheets so buy a pad if you can't get the Golden Threads.
- **Pencil and a white polymer eraser:** A standard graphite lead pencil. The white rectangular polymer erases made by Pentel or Staedtler are the best choice.
- $12^{"} 18^{"}$  ruler: this will be helpful for laying out your lettering.
- Sewing pins
- Thread snips
- Lettering/Design source: This can be the entire words you want printed out on copy paper (they need not be formatted into the proper phrases) or a printed alphabet (both capitals and lower-case letters and punctuation marks. I suggest experimenting with several different fonts in a very large size (at least 100 pt or larger),. Keep in mind that you will be outlining these letters with stitching so thick, bold letters will work the best. If you are uncertain about how to create your lettering templates, contact the instructor for help.



