



## Quilted Sneakers



### The most important supply you will need is the soles.

This class is geared towards the *SneakerKit* soles or the *Patchwork Kicks* soles. The *SneakerKit* soles are the first soles I used and while they work well, they are relatively expensive. They come in black, white and beige. They come in European sizes so you have to figure out what size you will need to order. They run \$65-\$70 per pair (shipping is additional) and usually include a needle and some waxed thread.

The *Patchwork Kicks* soles are nearly identical to *SneakerKit* soles. They come in kits that include everything you need for the shoes except your fabric (see below for details). They come in US sizes 6-11, and in white and dark grey.

### The **Patchwork Kicks All Inclusive Kit**

I would suggest this kit for your first project. If you order through me at Montavilla this kit is \$84.99. Kit includes:

- One pair outer soles
- One pair inner soles
- Double sided fusible foam
- Wax thread
- 30 eyelets silver
- One pair 48" white shoelaces
- One awl
- One eyelet install tool
- One screw punch



### The **Patchwork Kicks Essentials Kit**

If you already have some of the tools you need this kit is great. If you order through me at Montavilla this kit is \$65.99. Kit includes:

- One pair outer soles
- One pair inner soles
- Double sided fusible foam
- Wax thread
- 30 eyelets silver
- One pair 48" white shoelaces



## WOMEN'S SHOE SIZE CHART

US	EU	UK	Length	Width
6	36-37	4	9 3/8"	3 7/16"
7	37-38	5	9 3/4"	3 1/2"
8	38-39	6	10 1/8"	3 5/8"
9	39-40	7	10 3/8"	3 11/16"
10	40-41	8	10 3/4"	3 7/8"
11	41-42	9	10 7/8"	4"

This is the sizing guide from Patchwork Kicks.

**Length** – measured vertically across the interior of the shoe sole at the longest point

**Width** – measured horizontally across the interior of the shoe sole at the widest point

**You can check out the Patchwork Kicks Kits at this website. Order through me to save shipping.**

<https://www.patchwork-kicks.com/>

**You can check out SneakerKit soles at these websites.**

<https://tandyleather.com/products/sneaker-starter-pack>

<https://emmalinebags.com/collections/sneakerkit-and-supplies/products/sneakers>

<https://www.bucklebeebags.com/bucklebee-shop/happy-feet-quilted-sneaker-kit-3h2hf?rq=sneaker>

**1/3 yard\* quilt weight cotton fabric for outside and 1/3\* yard quilt weight cotton for lining:** If you have a fabric that you want to fussy cut the pieces to get the look you want you may need a bit more fabric.

\*You can use as many fabrics as you like to make your sneakers unique. You can use one fabric on the inside of the shoe and another fabric on the outside, or both sides the same fabric with the center toe/tongue section another fabric, these multiple options will change how much of each fabric you will need.

**Fabric to make binding:** The width of the binding is a personal choice; you can make it as thin or as wide as you wish. You will need four 20" strips of fabric (in whatever width you choose) cut on the true bias. I cut mine at 2". You can also make the shoes without binding by adding a seam allowance at the top of each sneaker side and the center toe/tongue and sewing the shoe outside and lining right side together then turning and top stitching. I will explain all this in the class.

**Double Sided Tape** Used to tape your pattern to the fabric for cutting.

**Thread to match your fabric**

**Scissors to cut fabric**

**Stiletto**

**Seam Ripper** (hopefully you won't need this!)

**Pins or clips**

**Removable fabric marking pen**

**Sewing machine with power cord and pedal**

**1/4" Foot is helpful**

**Quilt Guide Bar**

**Rotary cutting tool**

**Quilting ruler**

**Size 90 sharp machine needles** Denim, microtext and quilting needles all work well.

**Scotchgard or some other water proofing spray**

**\*\*The following things are in the All Inclusive Kit so if you purchase that you will not need these.\*\***

**1/2 yard Double sided fusible foam:** Bosal In-R-Foam, by Annie's Soft and Stable, or Pellon Flex-Foam FF79F2 are all suitable options.

**SF101 Optional** You can add the SF101 or other midweight fusible interfacing to the pieces before ironing onto the foam.

**5mm grommets:** I like the 2 piece grommets but you can use the one piece style. You can buy grommets on Amazon that include the punch tool and the setting tools. Many sets have grommet setting pliers which I have read mixed reviews on.

**OESD punch tool or leather punch tool:** The OESD punch tool works great on these. The largest punch is perfect for the 5MM grommets and the smallest punch is the perfect size for the needle holes used to attach the soles.

**Laces:** 45" laces are perfect for the mid height shoe with 6 grommets. The high-top version requires 60" laces.

If you have any questions you can email me at [jeannesator@gmail.com](mailto:jeannesator@gmail.com)