

# Hand Embroidery Stitch Sampler ~ Queen Anne's Lace

## Supply list (2 pages)

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This is an excellent project to learn and try out a variety of hand embroidery stitches. Each flower head is rendered in a different stitch. Students will bring a pre-pieced center panel with borders, applique some wool or felt flower heads by hand in class, and then try out different hand stitches on each flower to create a lovely hand embroidery stitch sampler with these lacy flowers. Pattern included in the class handout.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene



## TOOLS/MATERIALS:

- **Wool:** An 8" square of tightly woven or semi-felted wool OR scraps of wool that measure about 3" square, this will form the fan shaped flower heads so choose a color you think will look good for this once the tiny flowers are embroidered with cream or white thread. The flower heads can also be appliquéd from felt if desired.
- **Background panel:** Pre-piece the background panel according to the directions at accompanying this list. A fat quarter of fabric for the center panel and another for the borders should be adequate. These can be regular quilter's cottons, home-spun or Japanese Yarn-Dye, flannel or a combination of those.
- **Embroidery stabilizer:** This can be woven cotton like Form-Flex or Shape-Flex or a lightweight non-woven type. One that irons onto the fabric will be easier to work with.
- **Embroidery floss:** 6-strand floss (that can be divided) or ordinary 50 wt. sewing thread in a color that matches your wool or felt for the simple applique, and floss in other colors to embroider the flower stalks, and the stems/blossoms of the flower clusters, and a color that coordinates well with both background fabrics to frame the inner panel with embroidery. Pick colors that contrast but coordinate well with the fabrics you chose (white, cream, pale pink or blue would be perfect for the flowers). You can choose 6-strand floss (nice if you want to divide it for thinner strands) or Pearl cotton in size 5, 8, or 12 as you prefer; pearl cotton has the advantage of contouring nicely for looped or rounded stitches. One 'ball' of pearl cotton, or two skeins of 6-strand floss in each color should be adequate for the project
- **Hand sewing and embroidery needle:** A crewel embroidery needle for the embroidery, bring a package of various sizes to ensure you can handle various weights of floss; an appliqué need might be helpful for appliquéing the wool.
- **OESD Soft Web fusible web (optional):** Buy this brand as it can be hand stitched through. It will be used to fuse the wool flower heads before appliquéing them so you don't need much, an 8" square should be enough. You can also stitch without fusing by pinning if you prefer.
- **Embroidery hoop:** A hoop is optional; the project can be stitched without on as long as you are very careful about the tension on your stitches. If you opt to use a hoop, a 6"-7" hoop is recommended.
- **Embroidery Scissors**
- **Embroidery reference book(optional):** You will learn and use a new stitch for every flower and most are fairly simple but a stitch guide will be helpful as a reference guide for further explorations.

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### Pieced Background Instructions

Pieced Background: Cut all the pieces to the sizes specified and sew the borders onto the center panel as indicated starting with the sides and finishing with the top and bottom borders. NOTE: on fabric prints with a distinct directional design, it may look better to sew shorter (3 1/2" x 8 1/2") top and (2 1/2" x 8 1/2") bottom borders on first and follow with the sides cut at 3 1/2" x 18 1/2" and 2 1/2" x 18 1/2" (respectively) sewn after if you are trying to orient the directional design vertically on all sides. Press all seams towards the borders. After piecing apply a layer of Form/Shape Flex or fusible non-woven interfacing to the wrong side of the panel to provide stability and prevent distortion from the embroidery.

The overall panel size is flexible; you can adjust the size somewhat if desired or to accommodate sizes of fabric you may wish to use.

Suggested fabrics: Quilter's cottons, Homespun, Yarn Dyes, linen, flannel or a combination of these.

