

# Multnomah Falls

## Supply list (2 pages)

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This class provides mentoring and help in constructing the 'Multnomah Falls' quilt pattern published by Story Quilts. In the first session, help will be provided in selecting the fabrics as well as preliminary materials preparation, construction techniques, and tips for customizing the pattern. The quilt is rendered in a combination of fused and raw-edged machine appliqué. It can, however, be made using any appliqué technique the student desires. Guidance will be provided during the first session to determine what technique individuals may want to use dependent upon their skill level and preference.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

### TOOLS/MATERIALS:

- **'Multnomah Falls' pattern:** included in the class fee.
- **Fabrics:** Fabric/yardage requirements are listed on the back of the pattern, but a general guide is posted below. Help in selecting fabrics will be provided in the first session to those wishing assistance or advice. For suggestions on the types of fabrics you might use, visit <http://heleneknott.com/pdf/01.pdf> for my free downloadable fabric selection guide. The guide is in a PDF format that can be downloaded and printed to help you make your fabric selections.

### Multnomah Falls:

**Sky** – 6" x 11" scrap.

**Canyon walls** – You will need 5 'rocky' textured fabrics that coordinate well. 3/4 yard for 2 of them, and 2/3 yard for the other 3.

**Waterfall** – 1/4 yard each of 5 frothy/streaky water fabrics in white, cream, and light grays. NOTE: Fabrics for waterfall should be 1/4 yard Width of Fabric cuts though fat quarters could be used for a couple of the shorter strips. **Pay attention to the direction of the print on the fabric!** Any 'linear' texture needs to run from selvage-to-selvage to create the linear water flow.

**Cascade pool (at the bottom of the falls)** – 1/4 yard Width of Fabric cut, again any 'linear' texture needs to run from selvage-to-selvage to create the horizontal water texture.

**Trees** – Fat quarters of 5 fabrics in various colors, values, and textures of dark, restful green. NOTE: One of these can be a leafy green or in fall colors if desired.

**Foliage** – Several assorted fat quarters or 9" x 9" squares of fabric textured appropriately for the bushes and shrubs on the canyon. These should contrast adequately with the trees but can also be in fall colors if desired.

**Rocks (at the bottom of the falls)** – 1/4 yard (width of fabric – not a fat quarter) in a rocky texture resembling boulders.

**Bridge** – Fat eighth (11" x 18") of gray and a 3" x 12" strip that reads as a railing.

**Leaf embellishments (optional)** – Small to medium scraps of fabrics in a variety of greens or fall colors for swirling maple leaves.

**Fern print (optional)** – a nice touch to add ferns fussy cut from a suitable print.

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- **Lightweight muslin or Pattern Ease® (for fusing foundation):** 1 ½ yards
- **Light box:** Necessary if you intend to fuse the appliqué I will bring mine to share but having your own will speed up your project.
- **Pencil and a good eraser**
- **Sewing pins**
- **Freezer paper:** available at supermarkets and some quilt shops, you will need several feet off a roll. NOTE: For making templates for an adhesive-less raw-edged machine appliqué.
- **Scissors:** small to medium craft scissors (these are absolutely crucial for cutting fine details).
- **Sewing machine with accessories:** a free motion presser foot will be needed if you choose to use the raw edged appliqué technique.
- **Thread:** in a variety of colors to match the foliage, tree, water and rock fabrics for machine stitching (or polyester invisible thread).
- **Seam ripper**
- **Fusible web:** How much is needed will depend on whether you mix techniques or rely mainly on fusing/machine appliqué. As some of the appliqué pieces are large, buying the adhesive in roll form is preferable to small packaged sheets. Choose your favorite brand keeping in mind that here will be areas with multiple layers so the softer/lite fusibles are preferred. Wonder-under, Maywood Gentle Fuse, Steam-a-Seam Lite, or Heat & Bond Featherlite, are good choices. Fusible webs adhere better to fabrics free of sizing so I strongly advise you to pre-wash your fabrics.
- **Clear plastic sheeting (optional):** For an overlay alignment guide. This material is sold by the yard at regular fabric stores, intended to protect fancy tablecloths. It can be used as a positioning guide by transferring the pattern onto the plastic with a 'Sharpie' brand marker and using it to align your appliqué pieces. Hardware type plastic sheeting can be used as an alternative or another option is a clear plastic shower curtain. If you choose to use this method, buy a piece large enough to cover your entire quilt panel (24" x 44").
- **'Sharpie' Brand Marking Pen (optional):** You will only need this if using the overlay. Get a black pen in the fine point not the ultra-fine.
- **Decorative embellishment yarns:** These are great to embellish your waterfall. Choose eyelash yarn or yarns that have a frizzy and/or silky texture in white, off-white or light blues and grays. Having more than one will add extra dimension to your waterfall. A couple of yards of each should be plenty. NOTE: I will have some to share.

