

Man-Doodle-Dalás – Quilting Mandala Designs

Supply list (1 page)

Instructor: Helene Knott 503-888-9784 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

Quilted medallions have long been a design of preference for quilt blocks and are particularly lovely featured in plain fabric blocks used to offset pieced/appliqued blocks; they are also beautiful as focal points in the center of pieced block patterns. Whether you are making them into potholders, mug-rugs, or applying them to blocks in larger quilts, Mandalas make a wonderful meditative project. In this class you will learn a variety of techniques from improvisational stitching to using templates to create beautiful Mandala designs and stitch them onto small layered squares. For those who aren't sure they can tackle designing their own Mandala, there will be a handout with several design that can be traced or you can opt to purchase patterns printed on water soluble stabilizer from the instructor for a nominal fee. This class is suited for confident beginners who already have some basic experience with free-motion quilting.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.
Thank you, Helene

TOOLS/MATERIALS:

- **Layered fabric ‘sandwiches’:** 9” squares of cotton fabric layered with batting and backing. Choose rather plain fabrics that will show your quilting well, or can be simple pieced 4-Patch or 9-Patch blocks if you prefer. Bring at least five or six so you have plenty of samples to play with.
- **Thread:** 50 weight cotton thread in a variety of colors that contrast with your fabrics.
- **Sewing Machine:** A good basic domestic machine, preferably with feed dogs that can be dropped. Please bring your **owner’s manual** if you have one and are not familiar with all the functions of your machine **as well as the utility tools kit** (small screwdrivers, brushes, etc) in case you need to perform some minor maintenance on your machine during class.
- **Sewing Machine Accessories:** You need to bring a free motion or darning/embroidery foot for free motion quilting (this is absolutely necessary). Extra bobbins are helpful to have.
- **Sewing Machine Needles:** Bring a package each of machine quilting needles in size 11/75 & 14/90 and Microtex needles in size 12/80.
- **Stitching Test Swatches:** Bring two ‘sandwiches’ of muslin or other inexpensive fabric layered and pinned with thin batting to use as doodle blocks.
- **Pencil and a good eraser:** bring a separate eraser, they never give you enough eraser on a pencil, I prefer the white ‘plastic’ erasers.
- **Medium sized ‘craft’ scissors:** that you can cut paper with.
- **Fabric Marking tool:** White chalk pencil and a blue water soluble fabric pen or Frixion pen
- **12” long ruler**
- **Regular Straight Pins**
- **Scissors or thread snips**
- **Seam Ripper**

