

Hawaiian Applique by Machine

Supply list (1 page)

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This is a machine method of creating Hawaiian Appliqué quickly and with ease. The method is raw edge appliqué by machine; no fusing adhesives are used. This makes the resulting appliqué luxuriously soft and supple, making these complex designs a breeze to stitch. You can design your own paper templates, use the medallion templates provided in the teacher's handout, or utilize a Hawaiian quilt design from a book or pattern. If using a published pattern, choose one no larger than 18" square. The appliqué can be left raw-edged or finished with machine satin/blanket stitching if you prefer. Finely woven batiks are the best choice for this project, as they fray less than other types of fabrics. However, any fabric will work. The specified fabric quantity is for one large block; additional fabric will be required if you plan to make multiple blocks for a larger project. An optional pieced background can be substituted for a solid fabric if desired; directions are at the end of this list.



Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

Tools/materials:

- **Fabric:** 1 fat quarter *each* of two contrasting colors. Hoffman or Bali Batiks are a good choice as they fray less than standard flat fabrics. These fabrics will be used together so make sure that they contrast in value. (NOTE: for the best results select a fabric that is fairly consistent in color, pattern and texture, avoiding fabrics that go through radical pattern/color transitions. Alternatively, you can replace the background fabric with a pieced Surrounded Squares panel (directions at the end of this supply list).
- **Thread:** 100% cotton thread in colors to match your applique fabric. If desired, you may select a thread in a contrasting color if you wish to finish the applique edges with satin stitching.
- **Sewing machine:** with the standard accessories. A free-motion presser foot is strongly recommended for this technique though with patience, a regular presser foot will suffice. (NOTE: If you should choose to finish your appliqué with satin stitching, you will need the appropriate foot for zigzag stitching as well).
- **Embroidery stabilizer (optional):** Light to medium weight tear away stabilizer will be needed if you want to finish the raw edges with satin stitching. You can also wait until the layering and quilting and add the satin stitching at that time in which case, you will not need stabilizer.
- **Freezer paper:** available at supermarkets and some quilt shops. Buy a roll not the small individual sheets; you may need a couple of yards.
- **Book/pattern:** If you wish to recreate a Hawaiian quilt from a book or pattern instead of designing your own folded cutwork, bring the book or pattern to the class as well.
- **Stapler & staple remover (optional):** though optional, stapling your folded paper together will make the cutting more accurate. If you use a stapler, make sure you have a staple remover unless you have very strong fingernails.
- **Paper scissors:** a pair of sharp bladed craft scissors would be ideal.
- **Embroidery scissors:** you must have a pair of small-jawed sharp embroidery scissors for this project. THIS IS NOT OPTIONAL BUT CRUCIAL.
- **Seam ripper:** this is also a crucial tool.
- **Standard sewing pins**

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- **Pencil and eraser**
- **Rotary cutter, mat and ruler**
- **Flat Pizza box (12" - 18" square) and several sheets of scrap paper:** optional but will be helpful to store your reusable paper templates and keep them from getting tangled or damaged.

Pieced Background Instructions:

If you want to make a pieced background panel as shown in the sample photo, start with a 2 ½" (cut) square for the center and sew additional strips cut at 1 ½" wide around the perimeter in a Courthouse Steps style (top and bottom, followed by the sides for each additional set of strips). Press seams toward outer perimeter strips. You can use any colors or prints you wish for this process but with careful color and value sequencing, you can achieve a beautiful transitional luminosity that will make you block glow, like the sample shown. Continue adding strips until you reach the desired size for your blocks, preferably no larger than about 22" square. This is an excellent stash-buster for fabric leftover from other projects.

