

FOLK ART HAND EMBROIDERY

Supply List

Instructor: Helene Knott 503 888-9784 helene.m.knott@gmail.com

Website: www.heleneknott.com

These colorful embellished Folk Art ornaments, inspired by the vivid Folk Embroidery of India and Pakistan, are made of wool or felt, stuffed and embellished with an assortment of simple hand embroidery stitches, beads and sequins. They are so perfect for Christmas ornaments you may want to make a whole collection of them, or you can appliqué them onto a garment or into a hand-stitched wool project. The class handout includes 18 designs to choose from.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene



Tools/Materials:

- **Wool or Acrylic Felt:** I prefer wool felt for the hand and stability plus it comes in gorgeous subtle colors; it also makes better stuffed ornaments but is fairly expensive so regular Acrylic felt will work as well; an 8" or larger square will be adequate for two ornaments. NOTE: purists and those with access might want to embroider on pure wool; if you wish to do so, make sure the wool is dense and stable enough to hold up under the stitching – Melton (coat weight) wool is recommended, lighter weight wool or acrylic felt can be used if they are backed with a piece of Form –Flex™ or Shape-Flex™ woven interfacing..
- **Embroidery Hoop (optional):** 6" or 7" hoop, if the base material is stable enough, it can be embroidered without a hoop.
- **Template plastic:** One small sheet.
- **Scissors:** Both utility for cutting plastic and fabric scissors, preferably ones with shorter blades to allow for precise cutting and thread snipping.
- **White Chalk marking pencil, white opaque gel-pen and/or Frixion/Pigma Micron pen:** In a color that will show up on your wool or felt.
- **Embroidery floss:** Six strand floss in choice of colors (the more the merrier). Pearl cotton, rayon embroidery floss and metallic embroidery threads may also be desirable.
- **Beads and sequins of choice:** Optional, the embroidery is also lovely without the Bling
- **Hand embroidery and fine hand quilting (or beading) needles:** A package of crewel embroidery needles in assorted sizes will allow you to choose a needle that best suits the floss or thread you are using. For beading, small (size #10) hand quilting needles work well for most seed beads or you can buy beading needles.
- **Beading thread:** Nymo thread is most commonly used but strong **hand** quilting thread will also work for many beads. If you intend to use bugle beads you should buy a stronger beading thread like Nymo or Silamide (available at bead shops) as the sharp edges of these beads can cut through regular thread.
- **Portable light and/or magnifier:** Good lighting is essential for handwork and the lighting in classroom environments isn't always up to the task. It can be helpful to have additional, focused lighting in the form of an Ott type lamp or the LED type that hangs around your neck, some lights come with an attached magnifier lens, and this too can be useful.
- **Fiber-fill and 6" of cord or silk ribbon for a hanger:** If you wish to make your embroidery into an ornament.