

English Paper Pieced Star Ornaments and Mug Rugs

Supply List (revised 09-16-25)

Instructor: Helene Knott 503-888-9784 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

These embellished star ornaments are constructed using English Paper Piecing, making them a nice, portable, and take-along project. Everything you need to create them by hand will fit into a quart-sized Ziploc bag and can be toted in your purse. English Paper Piecing makes an excellent project to carry out while on a road trip, waiting for an appointment, listening to an audio-book, or streaming your favorite program. Assembled this way, they go together amazingly fast. If you prefer machine work, they are also easy to assemble by machine using the programmed stitches on your sewing machine. They are quick and easy, and make lovely holiday hostess gifts. If desired, you can make the 6" version with medium-weight cut-away stabilizer instead of card-stock and use them as holiday mug rugs or coasters.



Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

Tools/Materials:

- ◆ **Card-stock templates and pattern:** Each student will receive a sheet of card-stock templates in two sizes for 3" mini-stars and 6" larger stars. In addition, you will receive a master template sheet for each size to print more card-stock.
- ◆ **Fabric:** 2 Fat Quarters of a holiday fabric print. Holiday motif prints that can be fussy cut are fun to use as are the Jinny Beyer style border prints and these star also gobble up scraps if you are a scrap saver. A fat Quarter will probably be enough for several ornaments depending on design scale and repeat; fussy cutting motifs can use up a lot of fabric. A two-color scheme is particularly nice.
- ◆ **Rotary Cutter, medium-sized mat and ruler:** As you will be using the rotary cutter to cut card-stock as well as fabric. Bringing an extra one with an older blade will save your fabric cutting blade.
- ◆ **Glue stick:** to keep fabric from slipping
- ◆ **Quilters' pins**
- ◆ **Hand sewing needle:** an appliqué 'sharp' size 9 would be perfect.
- ◆ **Cotton thread to match the fabric you choose**
- ◆ **Thin ribbon or #3 Pearl Cotton:** to make hanging loops.
- ◆ **Seam ripper**
- ◆ **Scissors (optional):** If you prefer, the templates and fabric can be cut with scissors rather than a rotary cutter. Use utility shears for cutting paper and small scissors for cutting and trimming fabric.

Optional Supplies:

- ◆ **Sewing machine:** The stars can be assembled and embellished by machine if desired.
- ◆ **Decorative thread:** Rayon or polyester machine embroidery threads in various colors.
- ◆ **Sequins, seed beads, and beading thread:** You can embellish the star ornaments with added bling if you wish.
- ◆ **Template Plastic:** To mark fabric for fussy-cutting if desired, a 5" square will do.
- ◆ **Medium-heavy weight cut away embroidery stabilizer:** If you want to make mug rugs.