

Autumn Leaf Fall Sampler

Supply list (1 page)

Instructor: Helene Knott 503-888-9784 Email: helene.m.knott@gmail.com

Website: www.heleneknott.com

These three-dimensional leaves are machine-stitched, fun, relatively easy to make, and remarkably realistic. Real leaves are the source for the templates used to create these ruffled fabric facsimiles. Batiks are lovely, and you can enhance the leaves with colored pencils for realism. For this project, you will make an assortment of leaves in fall colors and stitch them to a long, narrow background. You can use the finished sampler as a lovely fall door quilt or table runner. Alternatively, you can add these 3-D leaves to clothing or art quilts as an embellishment, make them into ornaments, or turn large leaves into table mats or mug rugs. Once you learn the process, you will want to make lots of them. They are a beautiful way to use up leftover scraps of fabric.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop. Thank you, Helene

TOOLS/MATERIALS:

- **Background panel:** You can apply your leaves to a stable background panel like denim or upholstery fabric, or apply them to a pre-quilted backing if you prefer. The panel can be any size you wish but keep the purpose in mind, for a small decorative table runner or door quilt something around 8"-10" wide by 24"-30" long would be ideal.
- **Fabrics:** You can choose a couple of Fat Quarters in 'leaf' colors – green, yellow, gold, orange, red... the two colors should be slightly different shades of the same color. Batiks are a good choice as they are mottled, and may have organic looking textures that can be exploited to add a textural shaded effect. If you collect scraps, a variety of 6" (or so) pieces will work great.
- **Freezer Paper:** a foot or so from a roll.
- **Pencil:** to trace templates.
- **Scissors:** a pair of utility scissors for cutting freezer paper as well as sharp fine bladed craft or embroidery scissors for trimming and shaping your leaves. **Note:** Large shears will not work for this.
- **Light to medium weight, non-woven interfacing:** This can be fusible if you wish but does not need to be. **TIP:** the lighter the interfacing, the more your leaves will ruffle as you stitch. If you want a flatter result (for table mats or mug rugs) choose a medium weight.
- **Sewing thread:** In colors that match your fabrics as well as some contrasting 'leaf' colors for stitching the veins.
- **Sewing Machine:** Capable of zig zag and free motion stitching with both a Zig Zag foot (preferably open toed) and a free motion foot.
- **Extra needles:** Bring extra Machine Quilting or Microtex/Sharps needles in sizes 11-14.
- **Sewing pins**
- **Seam Ripper or Sewing Stiletto**
- **Colored pencils:** Optional, but they can be used to enhance the realism of your leaves. A good brand like Prismacolor® work best (you can also use Inktense® watercolor pencils). I will bring some to share.
- **Leaf patterns:** Each student will receive a couple of sheets with leaf patterns.

