

# Art Quilt Techniques – Manx or Roof Block

## Supply list (1 page)

Instructor: Helene Knott 503-631-8806 Email: [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com)

Website: [www.heleneknott.com](http://www.heleneknott.com)

This block technique known domestically as Folded Log Cabin is also sometimes called a Manx Block because it is supposed to have originated on The Isle of Man. Ironically; there it is called a Roof Block. Once you start piecing it, the similarity to laying roof shingles will become apparent. This is an easy dimensional block that is a ‘quilt as you go’ method.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

## TOOLS/MATERIALS:

- **Fabrics:** You will need a dozen or more fabrics. Selvedge to selvedge strips cut 2”– 2 ½” wide in a gradation of color, value and/or texture; plus an interesting novelty motif fabric that ranges from a 2” square up to a 3”x 4” rectangle The cut strips will be used to make your folded steps of the Log Cabin. Some of the inner strips can be narrower than the outer ones but for the greatest range of possibilities, you may want to start with all the strips at 2 ½” wide and trim them as you need. Half of the fabrics should be light to medium and the other half, medium to dark; colors can be any that you wish but make sure you like them together. If you don’t want to precut your strips you can bring a dozen or more fat quarters.
- **Piecing Foundation:** The strips will be sewn directly on a foundation of backing and batting. Choose a thin even cotton batting cut 12” square (or 12” x 18”) and layered onto a backing that is just slightly larger than that.
- **Cutting mat, Ruler and Rotary Cutter:** A 4” x 18” or larger ruler would be perfect.
- **Sewing Machine:** with a ¼” piecing foot.
- **Thread:** 100% cotton in a medium neutral color
- **Sewing pins**
- **Scissors:** to trim your strips after sewing.
- **Thread snips**
- **Seam Ripper.**
- **Buttons or Beads (optional):** You may tack down the overlapping corners with buttons or beads if you wish.

