

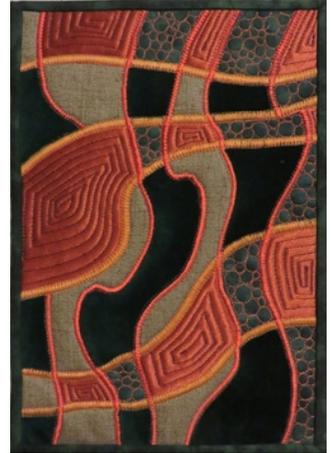
# Art Quilt Techniques - Woven Fabric Strips

Supply list (1 page)

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This technique will take you back to childhood when you wove strips of construction paper to make a pretty but highly impractical ‘placemat’ for your mom. This time around, you will be working with fabrics to create a functional mat or a small wall hanging that can be stitched decoratively or embellished if you wish. The basic process will create two panels identical in pattern but with colors reversed in each. Panels can be any size you wish them to be but something around 9” x 12” or 12” square is recommended



**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-631-8806 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene

## TOOLS/MATERIALS:

- **Freezer paper:** To draft the woven panel design on.
- **Drawing pencil and eraser:** Bring a good white rubber/plastic eraser, do not rely on the one at the end of the pencil; they rough up the paper and wear down too quickly. A mechanical pencil with extra leads is preferable to one that needs constant sharpening.
- **‘Sharpie’ brand black pen**
- **Fusible web:** Buy one that has a paper foundation: Heat n’ Bond, Soft Fuse, Wonder Under, Steam a Seam... Do not buy the type with no paper. You will need about 1 yard from a roll for two panels in a four-color scheme. If you buy it in a package of individual sheets, make sure they are 8 ½” x 11” and that you have at least four sheets (note: this will limit you to an 8 ½” x 11” sized project)
- **Teflon™ pressing sheet:** fuse the strips to for later removal.
- **Scissors:** Fabric scissors that you don’t mind using to cut adhesive/paper backed fabrics.
- **Fabric:** Four Fat Quarters in contrasting prints/colors; alternatively, you could choose four fabrics in a variety of textures (they need not be cotton) – linen weaves, satin, velvet, lame... making the panels out of four different textured fabrics makes a particularly interesting project.
- **Muslin or lightweight embroidery stabilizer (optional):** About ½ yard, you may weave on fuse the strips to a thin foundation if you wish.
- **Teflon® Applique pressing sheet (optional):** This will be needed if you don’t use a muslin or stabilizer base.
- **Batting and backing:** the exact size and amounts will depend on what size your panels will be. A thin cotton batting is recommended. You will also need a backing fabric for each panel you plan to make and both batting and the backing should be slightly larger than the intended project size.
- **Rotary cutter, mat and cutting ruler:** Ideally, the ruler should be at least 18” long but can be any width you have on hand.
- **Sewing Machine:** Capable of zigzag or embroidery stitching, with the standard accessories and an open toed foot.
- **Thread:** 100% cotton in colors that will work for the decorative or zigzag stitching on your fabrics.
- **Pins:** Ordinary sewing pins.
- **Thread snips**
- **Seam ripper:** Never leave home without one.