

# Art Quilt Techniques – Woven Fabric Strips

## Supply list (1 page)

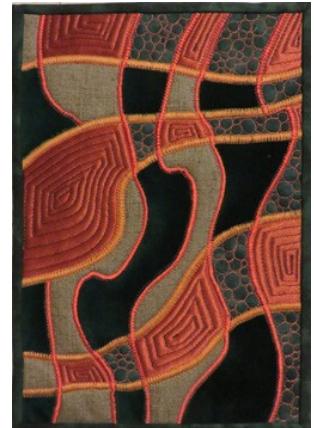
Instructor: Helene Knott 503-888-9784 Email: [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com)

Website: [www.heleneknott.com](http://www.heleneknott.com)

This project will take you back to childhood when you wove strips of construction paper to make a pretty but highly impractical ‘place mat’ for your mom. This time around, you will be working with fabrics to create a functional mat or a small wall hanging that can be stitched decoratively or embellished if you wish. The basic process creates a single, simple panel using two colors, or you can choose four colors to make two complex panels identical in pattern but with the colors reversed in each. Panels can be any size you wish, but something around 10” x 12” Or 12” square is recommended for a first-time project in this half-day class to learn the process. Once learned, this method is an awesome way to make larger 12” x 18” place mats, or even a table runner.

**Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or [helene.m.knott@gmail.com](mailto:helene.m.knott@gmail.com) if you have any questions.**

**A Note to Students:** Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop. Thank you, Helene



## TOOLS/MATERIALS:

- **Freezer paper:** Bring several feet from a roll
- **Drawing pencil and eraser:** A good white rubber/plastic eraser, do not rely on the one at the end of the pencil; they rough up the paper and wear down too quickly.
- **‘Sharpie’ brand black pen**
- **Fusible web:** Buy a lightweight type that has a paper foundation: Gentle Fuse, Wonder Under... preferably one with a single layer of release paper. Do not buy the type with no paper, Steam-a-Seam 2 (too sticky), or a package of individual sheets. You will need about 1 yard from a roll for two panels in a four-color scheme or  $\frac{1}{2}$  yard for a one panel in a two-color scheme.
- **Teflon™ pressing sheet:** fuse the strips to for later removal
- **Scissors:** Fabric scissors that you don’t mind using to cut adhesive/paper backed fabrics with
- **Fabric:** Two to four Fat Quarters in contrasting prints/colors. **Note:** you can use ordinary quilting weight cotton for this project but using/combining fabrics in various weights and textures like Yarn-Dyes, linen, uncut corduroy, lightweight denim, silk... creates amazing textural relief. With careful color and value choices and placement, you can create the illusion of transparency.
- **Muslin or lightweight interfacing:** About  $\frac{1}{2}$  yard, you may fuse the strips to a thin foundation if you wish.
- **A portable pressing/cutting mat (optional):** Omnigrid® makes several – a flat reversible one and a deluxe folding style, June Taylor® makes a flat reversible one, or you can use one of those thick wool pressing mats. This will allow you to pin your woven pieces in place to the interfacing and iron the woven strips in place with ease. Get one that will be large enough to pin your entire project.
- **Batting and backing:** the exact size and amounts will depend on how many woven panels and what size they will be. Use thin cotton or cotton blend batting, not the fluffy polyester stuff. A craft-sized

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(34" x 45") batting will be plenty or you can use pieces leftover from another project if they are large enough. You will also need a backing fabric for each panel you plan to make

- **Rotary cutter, mat and cutting ruler:** Ideally, the ruler should be at least 18" long but can be any width you have on hand.
- **Sewing Machine:** Capable of Zig Zag or embroidery stitching, with the standard accessories and (preferably) open toed Zig Zag foot.
- **Thread:** 100% cotton in colors similar to your fabrics for the initial stitching, and thread for the decorative or zig zag stitching on your fabrics.
- **Pins:** Ordinary sewing pins.
- **Thread snips**
- **Seam ripper:** Never leave home without one.