

Art Quilt ~ Pocket Valentines

Supply list (2 pages)

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History and literature are full of stories of great lovers, some who had to pursue their rendezvous in secrecy. Love notes and mementos would be passed discreetly or tucked into clandestine places known only to the beloved. This valentine art quilt features lovely embellished hearts with a secret – some are pockets into which you can tuck poems, messages, or gifts for that special ‘someone’. Why just give a card, when you can give a keepsake made with love that will be treasured for years to come. **Note:** you can make this a free-standing project to put on a cord and wear, or sew onto a garment as a real pocket if you wish.

Please be courteous to others by arriving for class with the correct supplies. Contact me at 503-888-9784 or helene.m.knott@gmail.com if you have any questions.

A Note to Students: Many students do not realize that once the teacher is paid, the shop offering a class makes little if any income on the class itself. The shop is relying on product sales to continue offering quality classes to you. Therefore, I urge you to patronize this shop when buying your supplies for this class as much as possible and remind you that big chain stores do not offer the variety of classes that the smaller shops do. Keep quilt classes alive by supporting this shop.

Thank you, Helene



TOOLS/MATERIALS:

- **Background panel:** You will need a 10” x 12” (approx) fabric for the background. This can be anything you want but should both compliment and contrast with the heart fabrics. TIP: Home decorator fabrics like brocade would be ideal for the background. You can back the panel with a fusible medium weight embroidery stabilizer, or layer with batting and backing prior to the class.
- **Heart fabrics:** A variety of 8” squares in varying shades whatever you think of as ‘romantic’ colors and/or prints that coordinate well with your background. **Note:** 2-3 of them will be used to line the pockets and will not be visible but I still recommend the colors coordinate well with the others. Fabrics need not be cotton, you can use silk or satin if you wish, or find fabrics with a print that can be centered nicely in a heart shape.
- **Fusible interfacing:** Medium weight to stabilize the heart pockets. About ¼ yard will be enough.
- **Embellishment fabrics:** You can add flowers, birds, or butterflies to embellish your hearts or background. Choose novelty prints with motifs in appropriate sizes for your project. Aim for about 3”-4” or so.
- **Freezer paper:** for templates, about a foot off a roll will be adequate.
- **Drawing pencil and eraser**
- **Fusible web:** Buy one that has a paper foundation: Gentle Fuse, Wonder Under, Steam a Seam... these will be easier to use than ones with no release paper. You will need about ¼ yard from a roll or several sheets from a package if you purchase it this way.
- **Scissors:** Craft scissors that you don’t mind using to cut adhesive/paper backed fabrics and a utility pair for the freezer paper
- **Batting and backing (optional):** Depending on the fabric you choose for the panel, you may not need batting. If your panel is a somewhat stiff brocade, it might be stable enough with just a stabilizer or the backing alone. The exact sizes will depend on what size your project will be. A thin cotton batting is recommended. You will also need a backing fabric and both batting and the backing.
- **Rotary cutter, mat and cutting ruler.**
- **Sewing Machine:** Capable of zigzag or embroidery stitching, with the standard accessories and an open toed foot. A free motion foot could come in handy and a machine with a good variety of programmed embroidery stitches will provide opportunities to use decorative stitching as embellishment.

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- **Thread:** in colors that will work for the decorative or zigzag stitching on your fabrics; the thread can be cotton, or rayon or Polyester Embroidery thread for a bit of sheen. You can also add a bit of bling with metallic thread if you feel confident about sewing with this temperamental thread.
- **Pins:** Ordinary sewing pins.
- **Embellishments:** These may vary but could include:
 - Narrow ruffled lace (if you want to add ruffled lace around the perimeter of your heart, bring about $\frac{3}{4}$ yard).
 - Bridal lace fabric with motifs that could be fussy-cut to stitch onto your panel.
 - Woven or embroidered decorative trim.
 - Silk or satin ribbon.
 - Sequins, beads or hot fuse crystals – if you want to add beads and/or sequins you will also need strong polyester or beading thread and a thin hand sewing needle that will fit through your beads.
 - Charms and bits of jewelry.
- **Keepsakes and gifts:** You can tuck little gifts into your heart pockets – a small Valentine card, a poem written on fancy paper, a treasured photo, a pendant or ring, a chocolate bar, a stem with silk flowers, tickets to a concert or event, a gift card... use your imagination.
- **Thread snips**
- **Seam ripper:** Never leave home without one.

